

LEVEL OPEN – for everyone

LEVEL OPEN + - for everyone yet not without ballet basics

LEVEL 1 – for total beginners

LEVEL 2 – for advanced beginners

LEVEL 3 – for intermediate

LEVEL 4 – for advanced

Classes marked with Yellow strip are obligatory classes of diploma courses students and adepts of Warsaw Ballet Academy and during those classes and trainings atmosphere, motivation is different and not everyone may like it as it is more rough

TIME	MONDAY	MONDAY – studio 2	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9.00	STUDIO FOR RENT		<b>FAT BURN - new</b> level open age 13+ with Zuzanna Kidziak	<b>HOLISSTIC FASCIAL STRETCHING - new</b> level open age open with Natalia Maria Wojciechowska	<b>JOGA FUSION - nowość</b> level open age open with Karolina Rabięga	STUDIO FOR RENT	9.30 <b>INDIVIDUAL CLASS</b>
10.00	STUDIO FOR RENT		<b>BALET + POINTES</b> level open + age 11+ with Zuzanna Kidziak	<b>BALLET + POINTES</b> level open+ age 11+ with Zuzanna Kidziak	<b>BALLET + POINTES</b> level open+ age 11+ with Karolina Rabięga	STUDIO FOR RENT	10.30 <b>BALLET TECHNIQUE</b> (pirouettes+ jumps) level open+ age 6+ with Natalia Maria Wojciechowska
11.00	STUDIO FOR RENT		STUDIO FOR RENT	STUDIO FOR RENT	<b>INDIVIDUAL CLASS</b>	STUDIO FOR RENT	11.45 <b>SHAPE XPRESS</b> level open age 8+ with Kamila Rybacka
12.00	STUDIO FOR RENT			STUDIO FOR RENT	STUDIO FOR RENT	STUDIO FOR RENT	<b>DYNAMIC LEGS STRETCHING</b> level open age 6+ with Kamila Rybacka
13.00 – 14.00	STUDIO FOR RENT		STUDIO FOR RENT	STUDIO FOR RENT	STUDIO FOR RENT	STUDIO FOR RENT	<b>PRO ARCH XPRESS</b> level open age open with Natalia Maria Wojciechowska
14.00	<b>INDIVIDUAL CLASS - take it</b>		INDIVIDUAL CLASS	INDIVIDUAL CLASS	INDIVIDUAL CLASS	INDIVIDUAL CLASS – take it	13.30 <b>MASTER BALLET CLASS</b> levels 3-4 age 13+ with Natalia Maria Wojciechowska
15.00	INDIVIDUAL CLASS		INDIVIDUAL CLASS	INDIVIDUAL CLASS	<b>PRE BALLET</b> level 1 & open age 4+ with Natalia Maria Wojciechowska	<b>BALLET + REPERTOIRE – new</b> level open age 6+ with Natalia Maria Wojciechowska	15.45 – 16.30 <b>REPERTOIRE – ladies and gents</b> levels 3-4 age 13+ with Natalia Maria Wojciechowsk
16.00	<b>BALLET TECHNIQUE</b> (feet + pirouettes) level open+, age open with Natalia Maria Wojciechowska	16.30 – 17.30 <b>PRE BALLET - new</b> plevel 1 age 4+ with Zuzanna Kidziak	<b>BALLET</b> level open + age 8+ with Natalia Maria Wojciechowska	<b>PROGRESSING DANCE TECHNIQUE</b> level open age 8+ with Natalia Maria Wojciechowska	<b>BALLET + POINTE TECHNIQUE</b> level 2 age 8+ with Natalia Maria Wojciechowska	<b>AKROBATICS</b> level open age 6+ with Zuzanna Kijanowska	17 – 19.00 <b>PRÓBY WARSAW BALLET</b>
17.10	<b>SHAPE XPRESS - nowość</b> level open age 8+ with Natalia Maria Wojciechowska		<b>ACTING &amp; IMPROVISATION new</b> level open+ age 8+ with Natalia Maria Wojciechowska	<b>VAGANOVA BALLET CLASS</b> level open+ with Zuzanna Kidziak		<b>CECCHETTI BALLET CLASS</b> level open+ age 11+ with Yo Sakai	STUDIO FOR RENT
17.30	<b>BALLET BASICS</b> level 1 age 13+ with Natalia Maria Wojciechowska	<b>MUSICALITY</b> level open age 7+ with Magdalena Zawicka			<b>EXTENSIO STRETCHING WORKOUT</b> level open age 6+ with Natalia Mari Wojciechowska	<b>DANCE AND SPORTS PSYCHOLOGY</b> level open age 11+ with Anna Sasiadek	
18.30	<b>BALLERINA BODY</b> level open age 13+ z Zuzanną Kidziak	<b>BALLET FUNCTIONAL WORKOUT cardio + extreme stretchng new</b> level open+ age 8+ with Natalia Maria Wojciechowska	18.10 <b>BALLET - BALANCHINE</b> level open+ age 10+ with Natalia Maria Wojciechowska	<b>HOLISTIC FASCIAL STRETCHING</b> level open age 6+ with Natalia Maria Wojciechowska	<b>STAGE MAKE UP- new</b> poziom open wiek open z Lilianą Perzanowską	<b>BALLET – MEN TECHNIQUE</b> level open+ age 11+ with Piotr Czubowicz	18.20 <b>PRO ARCH + POINTE TECHNIQUE</b> level open+ age 8+ with Natalia Maria Wojciechowska
19.30	<b>CONTEMPORARY DANCE – new</b> level open + age 10+ with Artur Grabarczyk	<b>PRÓBY WARSAW BALLET</b>	19.10 <b>KRAFT XPRESS - new</b> level open age 10+ with Natalia Maria Wojciechowska	<b>JAZZ - new</b> level open + age 11+ with Przemek Stokowiec		<b>NEOCLASSICAL DANCE</b> level open+ age 11+ with Piotr Czubowicz	<b>REPERTOIRE – for ladies</b> level open+ age 8+ with Natalia Maria Wojciechowska
20.30	<b>EXTENSIO STRETCHING WORKOUT</b> level open age 6+ with Kamila Rybacka		<b>BALLET BASICS</b> level 1 age 13+ zwith Zuzanna Kidziak	<b>VOGUE - new</b> level open age 11+ with Bożena Wydrowska		<b>BALLERINA BODY</b> level open age 13+ with Zuzanna Kidziak	<b>SHAPE XPRESS</b> level open age 8+ with Kamila Rybacka 20.50 – 22.00 <b>EXTENSIO STRETCHING WORKOUT</b> level open age 6+ with Kamila Rybacka
21.30	STUDIO FOR RENT						